

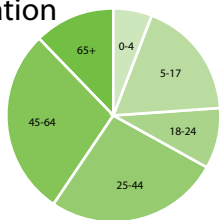
Porter County

Lead agency:

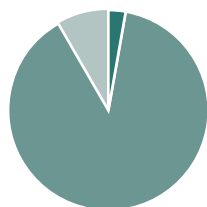
Valparaiso University

Coalition Coordinator: Natalie Rivich

Total Population
164,343



Population by age group



Population by race

Hispanic
White
African American

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TOBACCO AND HEALTH IN PORTER COUNTY

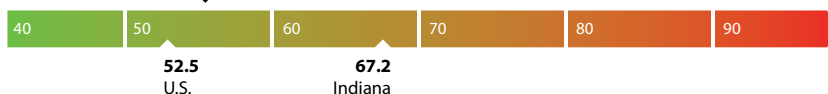
Percent of adults who smoke

23.7 = 29,488



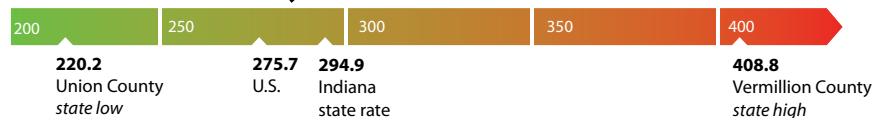
Lung cancer deaths per 100,000 residents

55.0



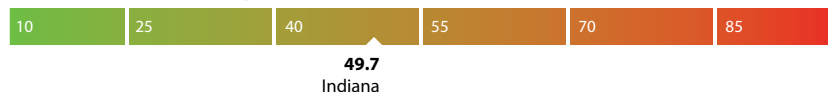
Cardiovascular disease deaths per 100,000 residents

284.2



Asthma related emergency room visits per 10,000 residents

37.3



Smoking and pregnancy

Births affected by smoking **300**

low birth weight, SIDS, reduced lung function

Cost of smoking related births **\$518,518**

Percent of pregnant women who smoke

Indiana **18.5%**
Porter County..... **15.9%**

Smoking deaths

Deaths attributable to smoking
235

Deaths due to secondhand smoke

29
Economic burden of secondhand smoke: \$10.1 million

Smoking related illness

4,697

TOBACCO CONTROL FUNDING

\$258,940

Funding in Porter County for July 2011- June 2013.

The CDC recommends the Indiana government spend **\$78 million** each year on tobacco prevention and control programs.

Actual spending in Indiana: **\$10 million**

\$4.8 billion

Economic cost in Indiana due to smoking, according to the Centers for Disease Control.

Cost per Indiana citizen: **\$740**

TOBACCO FREE POLICIES

Hospitals and Health Care Facilities:

- Porter-Portage Hospital Campus
- Porter-Valparaiso Hospital Campus
- Regency Hospital of Porter County

Colleges and Universities:

- Ivy Tech - Valparaiso
- Ivy Tech - Portage

School Districts:

- Duneland School Corporation
- East Porter Community School Corporation
- M S D of Boone Township
- Portage Township Schools
- Porter Township School Corporation
- Union Township School Corporation
- Valparaiso Community School

COMMUNITY-BASED TOBACCO CONTROL COALITION

- | | | |
|---------------------------------------|---|--------------------------------------|
| • Valparaiso University | • HealthInc | • Chambers of Commerce |
| • Portage Township Schools | • WebMD | • Urshel Labs |
| • Duneland School Corp | • Northshore | • Family and Youth Service Bureau |
| • Ivy Tech Community College | • Porter County Health Department | • Boys & Girls Club of Porter County |
| • Purdue Co-op Extension | • Mental Heealth America | • Porter County Step Ahead |
| • Valparaiso University | • Heartland Christian Church | • Substance Abuse Coalition |
| • Valparaiso Community Schools | • First Assembly of God-Portage | • United Way |
| • Porter County Education Inter-local | • YMCA (Poratge, Valpo. Chesterton) | • The Caring Place |
| • Porter Hospital | • City of Valparaiso | • CHOICES |
| • Porter Starke Services | • Senator Lugar's Office of Hispanic Outreach | • NWI First Steps |
| • Anthem Blue Cross | • Valparaiso Police Department | • Opportunity Enterprises |
| • Anton Insurance | • Centier Bank | |
| • Hilltop Neighborhood House | | |

COMMUNITY INDICATORS

Protect and maintain local tobacco control coalition infrastructure needed to combat tobacco use, as well as working with community organizations to reduce tobacco use among those groups most impacted by tobacco

Protect Hoosiers from exposures to secondhand smoke by:

- Supporting local or statewide smoke-free air ordinances for worksites, including restaurants, bars and gaming facilities
- Implementing tobacco-free campus policies for hospitals, health care centers, mental health centers and clinics, and addiction treatment centers

Decrease adult smoking rates by:

- Promoting Indiana Tobacco Quitline (1-800- QUIT NOW) throughout the community
- Supporting employers to create healthier employees through employer supported tobacco treatment resources to their workforce

Decrease youth smoking rates by:

- Supporting community activism among youth through the VOICE movement

